



An Introduction to Universal Laws and Prosperity Principles



Marilyn Jenett



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About Marilyn and Feel Free to Prosper

Marilyn Jenett is a renowned prosperity mentor with an international following. She is also an accomplished entrepreneur. Her former business, Marilyn Jenett Locations, served the corporate arena for 20 years. Her achievements were the result of the prosperity principles she now teaches in her **Feel Free to Prosper®** program, a simple yet powerful lesson and mentoring program based on mental and spiritual laws. Students traditionally experience results within two weeks!

Marilyn founded the **Feel Free to Prosper** program to mentor and teach others to become aligned with Universal laws and accept their right to prosper. Thousands have applied her techniques to manifest striking results and learn how to "put the universe on speed dial."

Her fascinating memoir, *Feel Free to Prosper: An Entrepreneurial Memoir of Synchronicity and Guidance*, was written entirely online, has attracted over 67,000 views, hundreds of rave reviews, and literary agents and publishing offers. The memoir can still be **read free** online at:

www.feelfreetoprosp.com/articles/Entrepreneurial-Memoir.html

Marilyn promises that if you read it, you will never look at your business – or your life – in the same way again.

Feel Free to Prosper, the book based on her teachings, has been published by Penguin Random House, the world's largest publisher.



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Introduction

To jumpstart a prosperity consciousness for Ryze.com members at the beginning of 2006, I was invited by a former **Feel Free to Prosper** student and social media moderator to host an Online Prosperity Workshop on her forum.

The workshop segments were posted over a one-week period and we were delighted to find that the workshop received an unprecedented number of views during that week and over the following months.

There were replies and comments in between segments as well as questions and answers in the "Ask Marilyn" section. I later brought the workshop closer to home by posting it on my own Feel Free to Prosper forum.

The workshop, which has now been transformed into this Special Edition e-Book, serves as an introduction to mental and spiritual laws and the prosperity principles that are the foundation of the **Feel Free to Prosper** program.

Here is what you can expect...

You will gain the knowledge and insight to begin your journey to a prosperous life. I reveal to you how each of us has the ability to nurture our "magical powers" and show you that the supernatural is really quite natural.

And the best part of all is that you can come to understand these Universal laws in the most simple, practical terms.

Please do not be fooled by the simplicity of this material. It may seem simple, but it is profoundly powerful. There are plenty of books and much information in the marketplace that approach the laws from an intellectual and philosophical standpoint. However, to get results, we must learn to apply the laws directly and incorporate them in our consciousness.

The subconscious mind responds to ideas that are simple and to the point. The advertising and marketing industries have known this for a long time. We fertilize the soil of our minds to prepare for planting, but we are also planting at the same time. When inspired to compose the **Feel Free to Prosper** lessons and material, I knew from experience and realized that the simplest approach and techniques would bring the fastest results.

This workshop does not include the proprietary lesson material that is reserved for students of the **Feel Free to Prosper** programs, but the valuable information you do receive will make a major difference in your life if you pay attention to it and apply it.

If you feel inspired by this e-Book to continue your quest, I invite you to participate in a **Feel Free to Prosper** program or audio program that will establish prosperity as your new reality. You will find all of the popular programs and products on the website at:

www.FeelFreetoProsper.com/products.html

For now...sit back, relax, and enjoy the ride...

Marilyn Jenett

Please, Universe, give me a sign...



Part I. So, What ARE These Mental and Spiritual Laws?

To begin our study of these profound principles, I would first like to get you in the right mood to prosper. So before you begin reading the first chapter, click on the following link and listen to this 30-second *mood enhancer* from former Feel Free to Prosper student, author and social media expert, Scott Allen...

Go ahead, do it now...

Prosperity Mood Enhancer

www.feelfreetoprosper.com/audio/mp3/mood-enhancer.mp3

So, What ARE These Mental and Spiritual Laws?

First I am going to give you a basic introduction to Universal laws that will lead to our understanding of prosperity principles. Then I am going to share my knowledge of how the principles work when we align ourselves with them. By using the principles, you can magnetize your good to you and turn your negative situations around dramatically.

The Universe

The Universe as we know it, see it and experience it, is not all there is. The Universe is always in motion – it is a vibrating, pulsating, resonating, magnetizing force and at the molecular level everything is in motion. It is pure energy.

What we are talking about here is the pure formless substance of the Universe – we can think of this in spiritual terms as God, Higher Power, Spirit or the Universe, or address it mentally as Infinite Intelligence, Universal Mind, Divine Mind, Formless Substance. Or we can think of it scientifically as Energy or Relativity or take a giant leap into the area of Quantum Physics, where it is known as the Field of All Possibilities.

What a great age of discovery we live in! The mental, the spiritual, the scientific aspect of the laws of life - any or all of it is there for the asking...

This Power - however you conceive it - is the source of everything we desire. It is awaiting our recognition and will create, attract, guide us to inspired action, magnetize and mold itself to whatever form we desire if we align ourselves with it through certain laws – called Universal laws.

The Laws

What are these laws? Well, we know that there are laws of physics, laws of chemistry, laws of mathematics. But most people are not aware of the laws that govern the mental and spiritual realms – the creative laws of the Universe that govern our existence. Or you may know something about them but don't know how to relate to them or how to use them.

So how do we know these laws exist or that this Universe or Power exists (aside from any intuitive feeling that it does or because Marilyn says it does)? We know because of its **responsiveness** – by the results we experience when we align ourselves with it. And I can tell you from my own personal experience, that once you became aware of the response of this Universal Presence, you will never be the same. You will feel a love and a connectedness and a sense of security that is greater than anything you have felt on an earthly level.

The laws work for everyone alike. The law of gravity works for everyone, doesn't it? Successful people are using the mental and spiritual laws, they just may not realize they are doing so. And guess what? You are using these laws all of the time whether you realize it or not. Only you are most likely not using them for the purpose and intention that you desire consciously. How many things have you attracted into your life that you feel you did nothing to deserve and asked, "Why did this happen?"

Remember that I said that the Universal laws are simple? The actual principles and techniques that relate to the laws are surprisingly simple. We humans complicate it. Well, let's use the law of gravity as an example. We do not need to have a vast knowledge of the laws of physics to understand how gravity works. We know that if we step off a tall building, we will fall.

We know that if we align ourselves with this law correctly, we won't have any mishaps, right? It is exactly the same with the mental and spiritual laws. If we align ourselves with them correctly, we won't have mishaps. We will instead experience joyful results.

So how do we align ourselves with it? We connect with this Power, this creative force of the Universe, within, through the channel of our

subconscious minds – through our thoughts and our feelings. The subconscious mind is the most fantastic computer you could ever imagine. It keeps our heart beating, our lungs breathing, and has perfect memory of every cell in our body. It has also recorded and stored everything that we have ever heard, said, felt, and experienced. Unfortunately, that includes all of the faulty beliefs and negative patterns from others that we have acquired from the time we were very young through our lifetime.

Our thoughts and our feelings, our deepest beliefs are the key to connecting with the Power that responds to our desires. But first we must break through and overcome the negative thought patterns and beliefs that we have acquired since childhood. We cannot delete anything from the subconscious mind, and it is not necessary to do so. In order to shift our consciousness, we create a new dominant thought.

Dominant Thought

The subconscious mind does not like to change and will create resistance (we know that from our attempts to change a habit). But there are techniques and methods for influencing the subconscious in a way that does not create argument. I call this “friendly persuasion.” We gently shift the consciousness to create a new dominant thought in the mind.

THAT IS THE KEY. The **DOMINANT** thought.

The dominant thought in our conscious and our subconscious is what determines our circumstances. Why do we attract those things that we don't desire? Those results are the outcropping of the thoughts and impressions that are established in your mind subconsciously. So we must shift our consciousness to a new dominant thought – a new awareness. When we do so, we then open ourselves to the influence of the creative power of the universe – to what I call our “invisible means of support.”

The subconscious records everything - everything that you have ever heard or said or felt is recorded in perfect memory, whether or not you were conscious of it or not. And often the more casual words are the ones that drop into the subconscious more easily and are accepted, because you are not monitoring them or refuting them.

Here is an analogy that my students love that I share often with regard to manifesting our desires by creating agreement between the conscious and subconscious minds.

Think of the conscious mind as the husband, the assertive male aspect of mind. The husband impregnates the wife, the receptive female aspect of mind. When the subconscious becomes impregnated with the new seed thought, the new idea... then from this union, children are born. These children are your answered prayers, your desired results.

It is through this marriage of the conscious and subconscious minds - when they BOTH agree on an idea - that the idea will become manifest.

So we must now teach the husband how to impregnate the wife :-)

We make a decision with our conscious mind. We use our conscious mind to instill this idea into the subconscious until it is accepted. Once the seed has been accepted in the soil of mind, it will grow and manifest just as the seed planted in the ground will become a plant or a flower. First, we do our job and plant the seed. We nurture the soil with positive thoughts and expectation. Then we turn the job over to Universal Mind - to the creative forces. We can relax and let go. Our manifestation will come. There is no such thing as "half pregnant." Our baby will be born.

Now, from today's first workshop installment, I would like you to contemplate the message. I want you to come to a clear understanding that you do not carry the burden of manifestation on your shoulders. You have at your disposal the creative forces of the entire Universe waiting to do your bidding if you will just do your part to apply the "rules."

The only thing that is important is to learn how the system works. AND USE IT. Someone once asked Henry Ford what electricity was. He answered, "Madam, it just is...use it."



Ask Marilyn...

Question:

I know that I am capable of manifesting anything I want, but sometimes when I receive abundance too quickly, I revert to panic mode of "what if there is no more?" How can I overcome that thought process once and for all?

— *Kathy*

Answer:

How many grains of sand are there in our world? How many blades of grass? How many breaths are there for you to inhale?

Kathy, when you come to the realization that your Universal parent is an unlimited storehouse of supply and that you are a true child of the Universe, you will then trust that your supply is always available.

Fear and doubt are the states of consciousness that prevent us from receiving our good. The complete antidote for fear is faith and trust and that is the dominant thought that you need to create in your mind. You are playing out old thought patterns. You know how to manifest, so now apply your knowledge to manifest the dominant thoughts of faith and trust in your subconscious mind. Instill those words in the subconscious to overcome the old patterns.

— *Marilyn*

Part II. By George, She's Got It!

By George, She's Got It!

In the legendary Broadway play, and then hit movie, *My Fair Lady*, Professor Higgins (played by the amazing Rex Harrison), took on a bet that he could turn the scruffy, foul-mouthed uneducated street urchin, Eliza Doolittle (played by the equally amazing Audrey Hepburn), into a real lady.

There was the clean up, the wardrobe, the etiquette and posture lessons, all of the exterior changes necessary for Eliza's appearance to resemble a lady.

But it wasn't until Eliza learned to change her words that she became the lady. A change in her words (and how she pronounced them) produced a change in her thoughts, then, a change in her consciousness and before long Eliza was a true lady.

The words merely voiced and memorized did not do the trick. At first she committed the words to memory but it was when those words were repeated over and over that they were accepted in consciousness and Eliza's subconscious mind took over, produced the feeling and made her into the lady that was potentially within her, but had never manifested before Professor Higgins showed her the way.

During Eliza's practice work, the Professor made her repeat over and over, "The rain in Spain falls mainly on the plain" until her diction was correct. And finally, after exhaustive practice, Eliza said it correctly and the Professor announced, **"By George, she's got it!"**

Eliza learned that to become a real lady, she had to talk and think like a lady...

I was reminded of the above story and inspired to write this lesson from an e-mail conversation with one of my students one evening.

In almost every conversation with students when they are beginning the lessons, I notice certain words that they tend to repeat, almost unconsciously. These are negative words that I notice as they are speaking and often when I make the students aware of it, they don't even realize they are saying the words or how often they repeat them.

One student's word was "doubt" or "doubted," with another it was "stress" or "stressed." The words are spoken habitually, with no real thought behind them. These are common, everyday words, but words that are not conducive to prosperity thinking, words that only serve to create the very things we do not want and negate the work we are doing.

A close friend's "word" was very interesting. She was divorced after raising a family and being absent from the working world for twenty years. While giving thought to what she wanted to do as a career, opportunities arose where she was able to help out friends in their businesses on a temporary basis. My friend would call me and tell me that she was helping out so-and-so at their business and she would casually tell me that it was keeping her busy and she was "making a little money." I realized that every time my friend mentioned the word money, she attached the word "little" to it. When I told her about this, she seemed stunned. She didn't even realize she was saying that word. She was completely unaware of it. When she eliminated the phrase, she was well on her way to increased income.

I tell each of these students that they must eliminate these words from their vocabulary, especially during this delicate time of shifting the subconscious thought patterns. It is necessary to break the habit of mindlessly and casually repeating these words, because as we have learned, it is often the words in casual conversation that drop easily into the subconscious mind and are accepted.

Once the habit is broken, the new positive words and affirmations that you are learning now have the opportunity to take hold and become substance in the mind. If you are repeating these casual negative words, then in essence, you are "denying what you affirm," and giving your mind two directions, which we have learned will get you to no destination or the wrong one.

You must saturate your words and thoughts with the idea of what you want and by doing so, the idea will drop into the subconscious and take permanent residence.

That is why I have labeled these words "delete" words. You must delete them from your vocabulary and make them history...

Lesson Six, Delete Those Words

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Now, Will You Get It?

The foundation of my teachings in my prosperity program is the powerful impact that our words - thought and spoken, and especially written - have on our subconscious mind and Universal Mind.

Words have more power than you realize. Our words set off forces that create their vibratory equivalents and produce circumstances in our lives that correspond to our words.

As we learned in the previous segment, we manifest according to our "dominant" words and thoughts in our subconscious. Repetition imprints our words in the subconscious mind. Writing words has an even more powerful effect and makes those very claims on the Universal Mind Substance, which will return our words to us in correlating physical circumstances.

The subconscious mind does not reason, does not know what you are intending. It merely accepts these words as a suggestion and thinks that is what you want. So you must learn to monitor your language and eliminate those words that will sooner or later come back to haunt and do their damage.

The reason my students get those amazing results and testimonials? One reason is that I have them eliminate culprit words like this from their vocabulary entirely.

An excerpt from my published article, *Metaphysical Marketing...*

Watch Your Speech. The above [success] can be accomplished only through the use of positive and life-affirming language. Do not doubt it for a minute. The words you think, speak (and hear) are recorded in your subconscious mind and will produce circumstances that correspond to your thoughts and speech. If you want a successful business or career, you MUST resist the habit and temptation of speaking about the lack of business or clients or jobs. I tell my students, "If you don't want it, don't say it." Even if you feel like you are lying to yourself (or others), continue to speak in positive terms about your business and affairs. As you persist in speaking successful words, your subconscious will accept the new

ideas and you will discover that the "lies" are becoming a new and very tangible reality. But it always first begins in mind. Never forget this.

So always remember that your words are tremendously powerful. And don't forget the words you write. The subconscious mind responds to repetition so any words that you say or write or view over and over will impact your mind. But on the other hand, often our most casual words will drop into the subconscious and produce results.

The Subconscious Cannot Take a Joke

That's right. The subconscious mind accepts our words literally. Again, it cannot reason or think. Therefore, the subconscious mind cannot take a joke. Really. I wrote an article about this many years ago and an author saw it and asked if he could include it as a chapter in his book – so yes, I have a complete chapter by that title in a published book.

I am certainly not saying we shouldn't have a sense of humor. But the creative quality of that humor puts a lot at stake and we should pay attention.

And I'm really not referring to actual "Ha Ha" jokes as much as I am to the words that you use in everyday life.

A joke to illustrate...

There was a man who had the good fortune to be visited by a genie. The genie told him that she would grant him three wishes only. So he was to think this over carefully before making his decision.

For his first wish, the man asked the genie to make him 30 years younger. Poof!! The genie granted his wish and the man was thrilled to find that he was young again.

The man's second wish was for a brand new convertible sports car (well, what else did you expect a young man to ask for?). And poof!! Suddenly he found himself driving a beautiful sleek and shiny new sports car.

Now the genie told the man to take his time and give much thought to his third and final wish.

So he was driving along the coastal highway with the top down, singing along with the radio when a commercial came on and he continued to sing...

"I wish I was an Oscar Meyer Weiner..."

Words about Others...

Did you know that the subconscious mind does not know anyone else but YOU (I'll bet you didn't). It has no conception of consciousness other than your own. I explain to students that when we criticize others or find fault, our mind thinks we are speaking about ourselves. That's why it's so important to become aware of the power of our words because often our words and feelings that are directed outwardly can rebound and cause havoc in our own lives.

Of course we do these things unconsciously...the majority of people do not realize that our thoughts and words are influencing and imprinting our own minds.

So let's say we are speaking about someone who "irritates" us. And the subconscious, which does not reason or think, just interprets our words as an "order." So we share a thought about things that irritate us. And what does the subconscious hear?

Irritate.

So now it thinks we want to be irritated. And lo and behold, some outer circumstance occurs that is sure to irritate us – more so if we are already on that frequency to begin with.

And this is even more interesting...The subconscious mind only hears the DOMINANT words, not the lesser words. Based on the fact above about dominant words, even if we said something like "She no longer irritates me," the mind doesn't hear "no longer" - it only hears "irritates me." And voila, gremlins show up to irritate us.

Our individual thoughts and words reach into the ethers and cause the creative forces of Universal Mind to bring all the elements together to manifest what the mind thinks we want: To be irritated.

The way to stop creating situations that play this out is to no longer be influenced by what happens. I like to call it staying in "neutral." When an issue ceases to bother or affect us, the issue itself will have no more energy to feed it, so it will quietly disappear. That is how to create a solution to ANYTHING in life. When we cease to give it negative thought or energy, the situation will resolve itself or the solution will appear. But that's another complete prosperity lesson in itself – for another time.

The Single Most Immediate Thing

Now, based on the above information, here is a question for you:

What do you think is the single most IMMEDIATE thing that you can do to increase your finances and start attracting money?

My answer:

The single most IMMEDIATE thing that you can do is to...

CHANGE YOUR WORDS!

Change the words that you speak to reflect those spoken by a successful person...words that represent what you want in life. Eliminate any words or phrases from your vocabulary that represent the opposite of what you want.

If you don't want it, don't say it!

You can begin this right now, this very moment. Changing your thoughts usually cannot be done as quickly or as easily, but by changing your words, you will be well on your way to changing those undesirable thought patterns and changing your life and finances.

YOUR WORDS HAVE TREMENDOUS POWER. BELIEVE IT. DO NOT DOUBT THIS FOR A MOMENT.

OPEN SESAME!



Ask Marilyn...

Question:

When someone has led a life of many years surrounded with negative energy and bad programming, how do they hold onto the new concepts of prosperity in the long term?

Thank you,

— *Kim*

Answer:

My answer is going to relate to a portion of an advanced lesson of the Feel Free to Prosper program. The subconscious mind does not know past or future. It only knows NOW. It is always now in consciousness. And what you are thinking and feeling right now, this moment, is determining your future. Once you create a new dominant thought of prosperity in your mind, you are well on your way to long term results. Your new way of thinking will be a habit. You will have created a new neural pathway in the brain. You will continue to maintain desired results if you are aware of what your present thoughts and feelings are. Just remember that your consciousness is not dependent upon your past, no matter the extent of the negative circumstances. You have the ability to change your thoughts and words at any time. I know this from my own experience as I had to overcome a terrible "lack" consciousness of many years.

And as you continue to nurture your consciousness with life enhancing care, the past will have no hold on you. Remember, your subconscious will always create according to the dominant thought. So if old patterns and reactions surface on occasion...hold steady to your prosperous thoughts and you will get the golden ring!

— *Marilyn*

Part III. Affirmations – Why You May Not Get Results

I do not teach about affirmations in the beginning of my program for the reasons that follow below. We don't learn about affirmations until Lesson Two, and in that material there is much to learn about the different types of affirmations, how to compose them, how to use them, when to use them, and why they would not get results. The first lesson contains two affirmations that I have specifically composed and included to speed the absorption process by the mind, but there is no study of affirmations until later.

My prosperity program includes information about affirmations based on my 30 years of study - information that many of the modern gurus don't seem to have. I spent decades studying the subtleties of the subconscious. My teachers were the most brilliant minds in the area of mental and spiritual science and clinical hypnosis.

I have often said that I intuitively feel that over 80% of the people who use affirmations don't get results and there is a reason for this. I have people who have come to me who have been studying the mind stuff for years and years and they still didn't get results from affirmations - this includes PhDs and hypnosis professionals, not just lay people like us.

Resistance

Why don't they get results? They don't really understand how the subconscious mind works and especially do not know how to address the resistance of the subconscious.

Let's use an example...

If there is a mindset or thought pattern of lack established in the subconscious mind and you were to apply the types of affirmations that are generally recommended, here is what happens: Your subconscious mind has an established pattern of "lack." You might use an affirmation such as "I am wealthy" or "I am prosperous."

Do you know what happens? Your subconscious knows you are lying and resists. You FEEL that you are lying. You look around at appearances and you say, "Yeah, right. Who am I kidding?" So now, what are you thinking about? What are you focused on? YOU ARE NOW FOCUSED MORE ON "LACK!" And because you are now focused on lack, circumstances will be perpetuated or may even get worse. It reminds me of "Don't think of a white elephant!"

You see, the subconscious mind does not like change (you know that from trying to break a habit). You have learned that this part of the mind does not reason, it just accepts input as an order. Once it accepts a mindset or thought pattern, it will resist any effort to change it. If you give it information that it doesn't accept, it will argue and do everything it can to maintain the status quo. Then you may create the opposite of what you want.

So the answer lies in NOT CREATING AN ARGUMENT OR RESISTANCE IN THE SUBCONSCIOUS MIND.

In the first lesson of my program, I teach techniques that GENTLY persuade the subconscious to shift and accept the new prosperous idea, without creating resistance (I call this "friendly persuasion"). That is the key - creating the shift without creating resistance.

Mental Gardening

What people don't realize is that affirmations will not be effective until you have "tilled the soil" of the mind first. Once the subconscious soil is tilled, it will accept the seeds that you plant. Otherwise, it will not. That is why I don't teach about affirmations until later, a couple of weeks into the program. By then, my students have tilled the soil of their minds with other techniques. Then voila! They can now learn and understand how affirmations really work, how to choose the right kinds of affirmations and compose them in the way that will create results and manifest what they want. They have done their mental gardening :-)

I knew from the beginning of *Feel Free to Prosper*, and from the wonderful results my students were getting, that it was obvious that the Universe had blessed me with a very powerful key (and a missing one, it seemed, by modern standards) to the manifestation process.

You should also know that affirmations are not one breed. There are many types of affirmations and different ways to use them. If you don't use them correctly, as I said, you may create the opposite of what you want. Believe it or not, even the way you were brought up - whether you accepted parental authority or not as a child - will determine whether certain types of affirmations will work for you - whether your subconscious will accept those worded in the first or second person. It's truly a fascinating study

You'll find my proprietary lesson material and affirmation techniques revealed in the *Feel Free to Prosper* program and I invite you to participate in the program. I did think, however, that you would find these details interesting and that it would reveal why your own efforts with affirmations may not have worked.

I truly believe the success of the *Feel Free to Prosper* program was based on my knowledge in that one precise area - the subtleties of the subconscious and the missing link in applying affirmative suggestion.

So, you have learned that your subconscious mind cannot take a joke and that it will resist any change that you wish to make, even for the better. The good news – let's make that the fabulous news – is that you can make your subconscious mind your best friend and it will support you and help you to create anything you want. Knowledge is indeed power.



Ask Marilyn...

Question:

[Leeann had a dilemma regarding her negative spouse...]

Reality is a spouse who may be threatened by change, and his personality style may be in opposition to money-making efforts. Presto: Money vs. Relationship.

— *Leeann*

Answer:

Leeann, your question and dilemma is really a very important one and I'm glad you brought this up. I promised you that I would answer as honestly as I can. It may not be the answer you want to hear, but sugarcoating it will not help you to prosper, and my job is to do that.

First, I am going to reveal one of the homework items from Lesson One of the Feel Free to Prosper program:

4. Okay, get ready for this one. This is big. But if you want to get results sooner rather than later, you need to do this. This is not for the fainthearted.

For this lesson period (I really mean forever, but I'm trying to be gentle), you will not make another negative statement about your finances. Repeat...NO NEGATIVE STATEMENTS ABOUT YOUR FINANCES. No negative words regarding money. No conversation with your family, friends, lover, pet, business associates, strangers, creditors, extraterrestrials, etc. For the entire lesson period, you are to make ONLY POSITIVE STATEMENTS to anyone about your finances. Including to yourself.

(Just be thankful I didn't say that you are to have no negative thoughts about your finances! That will naturally follow in time).

I hope you realize what this means. It means that if you have loved ones or friends or associates who are constantly speaking negatively about money, you will need to avoid them or you will need to tell them, and mean it, that you will not engage in any negative conversation. Period. If you want to attract money, there is a price to pay. That price is a total shift in consciousness. That is what we are doing now.

Lesson One, *The Spoken Word*

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The fact is, Leeann, that it IS difficult to grow a prosperity consciousness when a spouse is negative and not supportive of this work. I have had experience with this since beginning my program. I was once asked in an interview what my biggest challenge was with my program. And this is it. One spouse will be reaching out to learn the principles and grow, and the other will be working against them. I always invite couples to do this work together (there is no extra charge for a spouse or partner). If you and your husband can come to an agreement to learn the principles together and work toward your common goal, that is ideal.

Remember that you are influenced by the consciousness of those close to you, whether on a conscious level or subconsciously. As husband and wife, you are connected in mind and heart and consciousness.

Stop making you and your husband a "statistic." Forget those personality types. Focus instead on the Universal power that knows how to bring about your prosperity. Focus on your own ability to apply the laws - and do it. Your husband will be influenced by your consciousness on an unconscious level. Do not be swayed by appearances. Keep your stand and your attention focused on what you want - not on what you don't want.

Ask your husband to join you in your prosperity work. Explain that he has everything to gain by doing so and that it can be fun doing this. If he doesn't want to be involved, then tell him firmly that he must respect your wishes and not engage in conversation and actions that do not support you –

you are doing this for the benefit of the family and you want and need his support. Then it will be up to you to stay with the "program."

I would like to add one more thing here. Developing your prosperity consciousness is the greatest gift, the greatest legacy that you can give your children, as they will pick up your consciousness and this will determine their futures.

— *Marilyn*

Part IV. Source vs. Channels

Today I am going to share a very important component of my teachings. Here is a very valuable lesson and if you will grasp this, it can change your financial life. And it can change your entire life if you broaden your understanding beyond the monetary aspect.

Here it is...

Your business is not your source of income. Your business, job, customers, clients, investments - none of these are your source of income. There is only one source of income - The Universe, God, Divine Presence, Infinite Spirit, Formless Substance (whatever your concept is of that universal source of good). The Universe is your source of supply. God is the source of your supply.

That is the only source of your supply. All of those other avenues are CHANNELS for your supply. But they are not the source of your supply. When you truly understand and know this, then you will open the pipeline to the unlimited channels of supply that exist for you. And there are indeed unlimited channels through which your good can come to you, the unexpected along with your expected channels. But you can only become open and receptive to these free flowing channels when you put your complete reliance on the true source.

Let's use the analogy of a kitchen faucet. The faucet is not the source of water. It is only a channel. If that channel is broken or closed, then there are an infinite number of other channels through which we can get our water.

An example: I am the owner of a renowned company servicing the corporate and convention markets. 9/11 had a tremendous impact on our industry, as it did with many others. I was initially affected by the mass mind thinking (yes, prosperity mentors have their moments too). But then a wonderful teacher came out of the blue and reminded me that I had to focus on Truth principles and know that my business of 20 years was not my source of supply. Of course. I knew what I had to do. And when I did it, channels began to open in totally unexpected areas, some totally unrelated to my regular business, and money flowed in. The Universe took care of me and provided for me. And my business rebounded beyond my dreams in ways that allowed me to fulfill my life by following my heart path – and my true purpose.

When you look to your true source of supply, it will become the Senior Partner in your business and your life and you will prosper. You will be in your right place, in your present situation or a better one. You will be at peace. Obviously, there are other lessons to learn to speed our journey on the path to prosperity, but I cannot emphasize enough how important this one is.



Ask Marilyn...

Question:

I think my biggest question surrounding my relationship with money is...how do I get rid of my lack mentality and finally realize in the soul of my being that there is infinite abundance?

Thanks for doing this workshop!

— *Jenn*

Answer:

Jenn, since you asked this question before this workshop began, I hope by now you have gained an understanding about how our mind works and the steps we can take to shift our subconscious belief from one of lack to one of abundance.

It really comes down to overcoming the negative debris in the mind by impregnating the subconscious with a new core belief. Once that new belief is acquired, your mind will become the pipeline that connects you to Infinite Intelligence – the Universal Mind. Attracting prosperity will seem effortless as the subconscious is compulsive and will create and attract based on your core belief. You are already attracting according to your current belief, right?

How to make the shift to the new belief? Well, you must apply techniques based on that knowledge and persevere until you achieve your breakthrough. There is plenty of material available on the market that can guide you. I of course recommend that you participate in one of my Feel Free to Prosper programs. I truly believe, based on the consistent results of my students, that it provides the quickest method available to create the shift.

— *Marilyn*

Part V. Use the Powerful Principle of Gratitude to Attract What You Don't Yet Have

The following is based on and includes excerpts from a holiday call on Gratitude that I conducted for Thanksgiving (US) in 2004 and again in 2009. The theme focuses on an aspect of gratitude that is not commonly known - using the powerful principle of gratitude to attract *what you don't already have*.

Gratitude: Thankfulness

Thankfulness: Conscious of benefit received; for what we are about to receive; expressive of thanks; well-pleased

The *attitude of gratitude* is one of the greatest – perhaps THE greatest – spiritual principle that can be applied to attain happiness, inner peace, health and financial prosperity. It is easy to be grateful for what you already have. But can you be grateful for what you don't yet see?

*Now faith is the substance of things hoped for,
the evidence of things not seen.*

—Hebrews 11:1

On this call, we discuss how gratitude is your precursor to the evidence of "things not seen" and how you can acquire gratitude when there are appearances to the contrary. This is an aspect of gratitude that is not commonly known – using the powerful principle of gratitude to attract what you don't already have. If you apply it, it will change your circumstances dramatically, often at an astounding speed.

Gratitude For What You Don't Have?

We are going to discuss gratitude, one of the greatest prosperity principles that can be applied to every part of our lives. Only we're not just going to talk about the philosophical aspect of gratitude. I'm going to address

gratitude from a practical standpoint. I am going to help you understand the relationship of gratitude to "affirmative prayer", which is actually scientific prayer and I will explain why.

We all know how to feel grateful for the blessings we have in life. But I want to teach you how you can feel grateful for those things you don't have and don't see yet and as a result draw them to you. How can you acquire gratitude when there are appearances to the contrary? You'll learn how.

*If you can't be thankful for what you receive,
be thankful for what you escape.*

—Anonymous

Gratitude as the Magnet

The subconscious mind will create for us and attract to us those circumstances that it accepts to be true in the present moment. That is its nature. It's compulsive. Our job is to condition our subconscious mind to accept what we want as if it's an existing reality. Tomorrow never comes. It is always the present moment or now in consciousness. When what we call later or tomorrow arrives, it will actually still be the present moment. It is always NOW. And what we are thinking and feeling NOW is what determines our future, its outcomes and experiences. We create that future right this moment.

Let me ask you this. If you were in possession of your desired good, what else would you be feeling besides your joy or security in having what you want? If suddenly you experienced a "windfall" or found the right job or finally had that new car or were free of your physical ailment, what emotion would fill your consciousness? *Gratitude*.

If the subconscious responds and acts on what we feel in the present moment, then in order to feel like we already have what we want, what feeling would we need to create? *Gratitude*.

By giving thanks, we acknowledge that we are receiving our good now or that we have already received it and we are grateful. So to create this feeling of being grateful, we use gratitude in our words and affirmations. We are expressing our feeling of gratitude for the good that we have already received, even before we actually receive it. We think of it as and feel it to be an accomplished fact. We are grateful.

In other words, our gratitude is not contingent upon any tangible proof to our senses ("conditions"). Our gratitude is based only on our faith, not on conditions. That is unconditional gratitude.

Gratitude is one of the surest ways to bring your desires into the present moment. It is the magnet that reaches out into Universal Mind and pulls our good to us. It is our bridge between our desire and its manifestation. Gratitude is the umbilical cord that connects us to our Universal parent. If you will replace any doubtful thoughts or begging prayers with a heart full of gratitude, you will be thrilled at how fast you'll learn to manifest your desires.

*Faith is to believe what you do not see
and the reward of this faith is to see what you believe.*

—St. Augustine

Gratitude Attracts More

An *attitude of gratitude* and the appreciation for the gifts we receive from the universe open the channels for more good to be received. The more gratitude we feel, the more we attract to be grateful for. What we focus on increases and expands. The more we complain, the more we will attract to complain about. The more we express our gratitude, the more we are giving the subconscious and Universal Mind the message that we have much to be grateful, and we keep attracting more.

Feeling grateful or appreciative of someone or something in your life actually attracts more of the things that you appreciate and value into your life.

—Christiane Northrup

The Gratitude Call

On the Gratitude Call, I discussed mental and spiritual principles and their relationship to the powerful principle of gratitude.

I had everyone choose, along with the list of things in life they were grateful for, things in their lives that they were not grateful for. I related how we can use the gratitude principle combined with affirmative prayer to turn those very situations around by expressing gratitude for the solutions before they appear. Bringing the desired result into the "now" moment by using the gratitude principle speeds our desired good to us.

The Simplest Gratitude Prayer

If the only prayer you say in your life is "thank you," that would suffice.

—Christian mystic Meister Eckhart.

The Gratitude Call Audio is available at

www.feelfreetoprosper.com/products.html



Ask Marilyn...

Question:

I don't have any big problems with money. I do have a money mentality and money comes and goes and continually flows through my life, but I would like more money flowing freely in my life, so how do I up the amount of money flowing through my life?

— *Barbara*

Answer:

Good question, Barbara. The good news is that you do have a continuous flow of money in your life.

I put this in the category of "enlarging one's container." It has been said that we come to the ocean of abundance and bring with us our container (our consciousness). We can bring a spoon, a cup, a pail, or a tank.

Now the size of our container depends upon what our subconscious mind believes that we can accept. We can only receive what we are able to accept in consciousness and no more. So the answer lies in increasing the size of our container.

Let me ask you this...where are your thoughts and attention focused now? On the amount of money that you currently earn and the things that this money is used for? Have you allowed your mind to wander into new territory – to think about what you would do with an increased income? What is your speech consisting of? The words and phrases you use? Are they consistent with the increased prosperity you desire?

The way to attract more money is to instill the words and thoughts of greater prosperity into your mind. You need to let your mind know what you want. You need to persist in planting the seeds for corn if you want corn. If you keep on planting seeds for wheat, you will get wheat.

To illustrate my point, I would like to offer an excerpt from one of my articles entitled *Knowing When To Charge More and To Charge Less...*

It was notable that when I started my business twenty years ago, I came up with a certain "minimum" profit I wanted to make. Within a very short time I didn't feel that profit was enough and I gingerly started to charge more. Then more. I kept stretching and kept raising my profit requirement.

NOW THIS IS THE MOST INTERESTING PART: The more I raised my prices, the more I attracted higher paying clients. Each step forward helped me release the fear that I couldn't get more (or that maybe I wasn't worth more).

The caliber of client I attracted was directly related to the amount of profit I required for myself. The more I claimed for myself, the more the Universe brought to me the clients who had the ability to pay and to accommodate my higher prosperity consciousness.

Over time I completely eliminated the type of events that required much more work for much less money. I realize now that I was creating that "vacuum" for new, higher paying clients to arrive. And they kept arriving. And new circumstances opened up to attract them.

The Universe will find a way to bring us the rewards that we claim for ourselves. But we must claim it - boldly - and know we deserve it. My students are now finding that when they release the fear and doubt, the Universe will rush to support them.

We must make a decision. We are operating from integrity, we have a viable and valuable product or service to offer, there are plenty of clients or customers who will benefit from what we have to offer, and we deserve to be rewarded appropriately.

Barbara, as a first step, why not apply today's lesson and start giving thanks for that increased income?

— Marilyn

Part VI. The Solution to Every Problem

— ***also known as*** —

How to Handle Setbacks

Okay, everyone gather 'round. Here's the plan. You will now learn to call on your innate wisdom and use scientific "prayer" to find the solution and create an adjustment to any kind of setback.

Now...Take a deep breath. Get still and calm. Be still and know.

Know that everything is all right.

Everything is fine.

All adjustments that need to take place to resolve your situation, are taking place now as I write and as you accept the answer, the solution.

The first thing to do to solve any problem is to become still and quiet about it. Be open for guidance. But most of all do not give the problem energy. Give all thought to the solution. There is ONLY solution here. All is well.

Now, go about your business and just act like everything is normal. All is resolved. Everything is harmonized. In fact, for those of you who really believe in "stepping out in faith" - get to work in your daily life just as you would do if everything were normal.

SEE THE ANSWERED PRAYER, THE SOLUTION IN YOUR MIND'S EYE AS ALREADY ACCOMPLISHED.

ASK YOURSELF: *HOW WOULD I FEEL IF MY PRAYER WAS ALREADY ANSWERED?*

You can summon up all of the power necessary to create the perfect solution for yourself in this situation. What I am showing you is affirmative prayer, scientific prayer. It works.

Keep your mind totally focused on the solution now. You will be guided as you do this to your perfect answer.

The answer is at hand. Accept it now.

Your TRUST fund is enormous!

Only good can come from this!

Affirm now:

My TRUST fund is enormous!

Only good can come from this!

I can't wait to see what good comes from this!

Believe it. You will see it.

*Problems cannot be solved
at the same level of consciousness that created them.*

—Albert Einstein

Congratulations!

Congratulations...for investing the time to review this workshop. My sincere wish is that something you have read here has resonated, touched your spirit and opened your mind to receive your natural birthright of prosperity.

You are a scientist performing a life changing experiment in the laboratory of your mind. You are "brewing" a new consciousness. It is important to have just the proper amount of ingredients. It is important not to allow contaminants to enter your laboratory or your mental brew. You are on your way to brilliant success for you have the greatest power in the Universe as your benefactor.

Begin the Feel Free to Prosper Program Today!



The Flagship Feel Free to Prosper® Audio Program

www.feelfreetoprosper.com/prosperity-program.html

All Feel Free to Prosper Programs and Products

www.feelfreetoprosper.com/products.html



Testimonials

Gratitude, My Recent Manifestation



... Marilyn Jenett has changed SO many lives. Or, more accurately, Marilyn has helped SO many people change their own lives. I have to tell you, this lady has the keys to unlock your prosperity consciousness. I just can't say enough what a breakthrough even one month of working with Marilyn was. For my work in the month of November, I got paid... get this... more than I made the entire YEAR before!

Scott Allen
Austin, TX

Prosperity and Increased Business



I've found Marilyn Jenett's "Feel Free to Prosper" is a great, elegant program that is different from everything else I've tried. The practice of her program went deep into me where I was (in the past) blocking myself from accepting my divine right of prosperity. Now, every day I'm open more to the flow of prosperity into my life in whatever form I need. For those of you looking to truly live a prosperous life where you are free and open, please check this program out!!

Karin Odell
Minneapolis, MN

With Sincere Appreciation



Since Dale and I started the program in September, we are seeing an abundant increase in our favorite kind of client...retainer. After beginning the first lesson we had an article published in a national magazine, I was interviewed for an international magazine, signed on many clients and the list goes on. During the month of December we saw our largest increase to date (what more can you ask for ?!?!).

Rebecca and Dale Noles
Spartanburg, SC

I Closed on My Dream Home...



After I applied Marilyn's lessons, my husband received a promotion at his job, I began manifesting new contracts for my young IT services business and two months later I closed on my dream home overlooking one of Chicago's most prestigious golf courses.

The small girl who grew up penniless in India has now overcome challenges and discrimination to rise as the owner of an award-winning international company in a male-dominated industry.

Keep up the good work, Marilyn, and take it to more people who can benefit from Feel Free to Prosper.

Poonam Gupta
Chicago, IL

I Am A Manifestation Machine!



Hi Everyone,

I've been working with Marilyn since the first week in April. The progress I have made gives me so much joy. I'd like to share with you all a few things that have happened to me.

I put my home on the market on April 23rd and today, just 5 ½ weeks later, I have a sale. My realtor is still trying to figure out how she sold it so fast. When she brought the offer over to me last night and while she was here she said, "Terri, some people are just dying to get one showing and you have had two or three showings a week since we put your house on the market." I just sat smiling at her, knowing exactly how she sold the house so quickly. This sale was an amazing demonstration of the power of the Universe, and how applying Marilyn's lessons simply works!

Prosperity is FUN

Terri Cummings

Bridgman, MI



... It's hard to explain the feeling that overcame me when I read the e-mail that said, "We are going to publish your book." It's an almost-childlike sense of wonder so overwhelming that I want to hold onto it forever.

... For reasons Marilyn understands, I have to say "thank you." I just started your lessons yesterday, fercryinoutloud! Am I taking the speed course?!"

Linda Alexander

Frederick, MD



Nothing like having the Universe on speed dial :)

That's what so great about Marilyn's lessons - they're simple, and easy to implement. Once you put them into action magic happens.

Terri Gibbons

Thunder Bay, CN



...The specificity of your testimonials is amazing. And rare.

You had about 10-15 minutes in the conference call that altered my state. I don't get hypnotized easily. Without knowing you, I felt the integrity of where you were coming from. Philosophy, theology and spiritualism under one umbrella. It's HARD to convey that on paper alone.

The audio component PLUS the written lesson is a POWERFUL learning trigger for me. I agree the underpinning of the mentor-student relationship is trust. Sorry for the cliché, but you've EARNED mine.

Two months later ...

For the last year or more, I've wanted to move into an additional career in business consultancy. But how to do it?

In March, I got a call from one of the foremost consultancy trainers in the country. He inquired about whether I could perform some copywriting services for him. Long story short, I was invited free of charge to attend his \$20,000 seminar and am now a bona fide business development consultant. This is likely a gateway for me to millions of more dollars.

I've alternately regressed and returned to the work of the lessons, and each time I return to them, I receive almost immediate financial demonstrations.

Lawrence Bernstein

Tuscon, AZ

Note from Marilyn: Lawrence called a year later to share that he had indeed received in excess of one million dollars that year, officially making him a millionaire for the first time.

A 24-year old California Realtor...



I have experienced amazing results, different and so much better than I had imagined. I have closed 3 transactions, opened 2 new ones, and acquired 4 approved ready-to-buy buyers too! All this since starting the lessons...and all of this at the height of the U.S. economic recession!

Since all this income has been coming in and I am attracting business effortlessly, I have been able to save 2 whole days out of the week strictly for my son! We're creating so many wonderful memories. The best manifestation of all!

Thank You Marilyn! I have a new outlook on life.

Minerva Paniagua

Manteca, CA

A Powerful Agent for Change



Marilyn's energy is both gentle and direct. Marilyn's powerful lessons work every time because they are in alignment with simple, yet profound Truths. Whether you are a seasoned metaphysician or a beginning seeker, these lessons are powerful tools for creating the reality you desire. Every session I have had with Marilyn has been life-changing. I first met her when I read her memoir...it's a story that is destined to change lives...

As I "tested" the Laws on this new part of my journey, I was experiencing quick and powerful results, following Marilyn's teachings...transitioned out of my former 20-year career and manifested a part-time consulting position that pays six figures and gives me complete freedom...founded a coaching practice...bought and closed a new investment property, found the perfect tenants, and invested in a commercial investment property...personally coached a client and she manifested her place in the upcoming Olympics!

Marilyn is a rising star, a powerful agent for change as a teacher of prosperity laws.

Kathleen Jaap, CPA, MA

Houston, TX

Feel Free to Prosper Students: In Their Own Words

Free Inspiring e-Book (No sign-up required)



"One conversation and I knew I had found the mentor/teacher I was looking for..."

— Catherine Garceau, Olympic Medalist

Students of Marilyn Jenett and the Feel Free to Prosper Program inspire others to overcome limitation by applying prosperity laws.

This inspiring eBook includes the compelling students' stories that are featured in Marilyn's book, *Feel Free to Prosper*. Let these students inspire you in their own words with their genuine and heartfelt accounts of the results they experienced with the Feel Free to Prosper program.

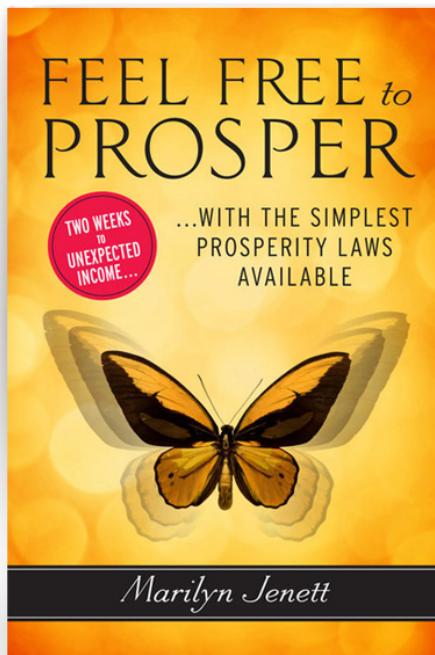
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Feel Free to Prosper - THE BOOK!

“If you have an intense desire to live a prosperous life, this book is for you! **Marilyn Jenett** shares the wisdom and understanding you need to immediately attract prosperity.”

- **Bob Proctor**, world-renowned speaker and mentor, and author of *The ABCs of Success*



“You need look no further than the pages of this great masterpiece.”

- **Peggy McColl**, *New York Times* bestselling author

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